

Scouting AT HOME Badgework



cubs  Skills Challenge

SCOUTS  Creative Challenge



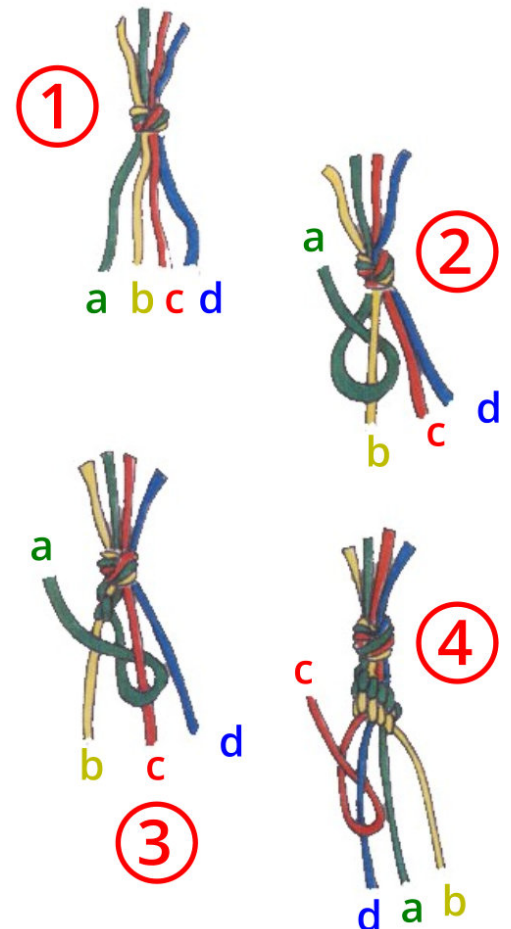
Friendship bracelet

For each Friendship bracelet, you will need..

- Three, four or six embroidery threads of reasonable thickness, or pieces of wool, cut to lengths of approximately 60 cm - you could choose colours that promotes a Scouting activity or an event where you can use your bracelet.
- A pair of scissors
- A safety pin or a peg
- Something to which you can anchor one end of the bracelet while you work, such as a pillow or a cushion, which you can put on your knee

What you do...

- Decide whether you will use three, four or six threads. Select threads of colours that go well together.
- To start your friendship bracelet, group your threads together as shown in diagram 1. Tie one end in a knot, leaving a fringe of about 5cm.
- Push the safety pin through the knot and pin it or peg it to your pillow. Once you have tied the first knot, you may find it easier to weave if you lay the threads out on a smooth surface. This will also help you to avoid getting in a tangle! To make the instructions easier to follow, the threads in the diagrams have been labelled a, b and c.



Continued on the next page ..



Fairly clean

Not too messy



Quite messy



Highly messy

Original source:

- Scouting August 2001
- Author - Raksha Bandham
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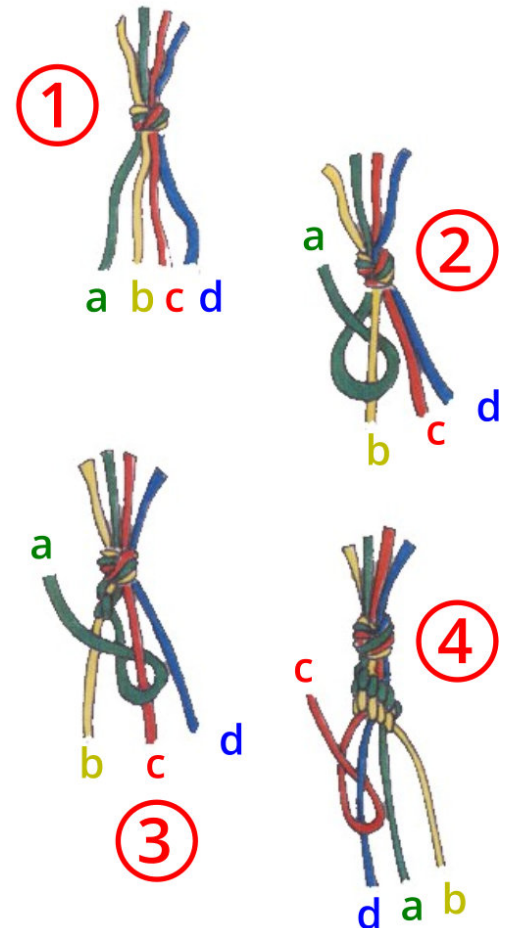


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Want you do (continued) ...

- Hold thread b firmly with one hand whilst passing thread a over, under and then up between the two threads, as shown in diagram 2. Pull thread a back so that it is reasonably tight. Now repeat this process for a double knot.
- As shown in diagram 3, hold thread c firmly. Run thread a over and under thread c, pulling thread a back towards the first knot so that it is reasonably tight. Now repeat the process. When you have completed this sequence again with strand d, strand a should be on the right.
- To continue, repeat the process shown in the diagrams, taking the left hand thread over the centre thread twice, and then twice over the right hand thread. Finish each stage with the left hand thread on the right hand side, as in diagram 4.
- Repeat the process until the bracelet is long enough to fit comfortably round your wrist.
- To finish the bracelet, knot the threads together as you did at the beginning. Use the scissors to cut a fringe of about 5cm at the end of the bracelet. Now remove the safety pin.
- Bring the two ends together and tie the bracelet on to your wrist. Better still, use it to promote a Scouting activity or an event, or exchange your bracelet with a friend, and tie yours to their wrist instead.



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